

Summer 2018



Our mission is to offer hope as we provide assistance to our neighbors in need.

ICA'S KIDS' SUMMER MARKET

On June 1, a favorite program once again returned to ICA Food Shelf: The Kids' Summer Market. Each summer, we provide extra food to families with school-aged children. This program helps to fill the gap left by the lack of free and reduced-price lunch when kids are out of school in the summer.

ICA's service area includes two public school districts: Hopkins and Minnetonka. These districts have a combined enrollment of 16,930 students. **Of these, 3,249 are eligible for free or reduced-price lunch—a total of 19.2%. That's nearly one in five children!**



Our Kids' Summer Market is simple. For every school-aged child (anyone between the ages of 4 and 18), a family can choose an additional five food items. To make it easy, we have set up an extra space at the food shelf with kid-friendly foods, including soup, macaroni and cheese, the fixings for peanut butter and jelly sandwiches, canned meals, and healthy snacks. We also have refrigerated options like carrots and hummus.



We love this program. It's an easy way to help hungry kids in our community. **In 2017, we served a total of 913 school-aged kids in 460 families.** All told, this program supplied our neighbors with an extra **12,494 pounds of food!**

We're excited for another great summer. If you'd like to get involved, you can give financially, or drop off kid-friendly foods at our K-Tel location.

Thanks for helping to feed kids in our community!



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Snapshot:
**January -
March
2018**

Families
Served
1,150

Volunteer
Hours
Worked
11,350

Pounds
of Food
Distributed
401,273

PEG'S POST: ADDRESSING THE NEEDS OF OUR COMMUNITY

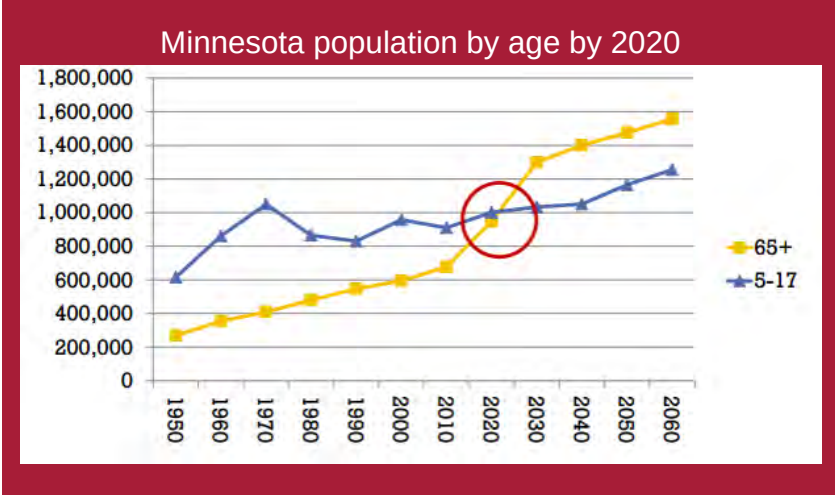
ICA is committed to meeting the needs of our community. One of the ways we do this is through partnerships with other community organizations, including local nonprofits, the Minnetonka and Hopkins School districts, and local city government and police departments. We also work with other hunger relief organizations and food shelves to advocate for our clients and share best practices. All of these relationships enable us to better serve our neighbors and tailor our programs to those who need them.



ICA worked with some of these partner organizations to conduct a Community Needs Assessment. The purpose of the project was to identify the areas of our community that most needed to be addressed. These are the five key findings from the Community Needs Assessment:

- **Housing** affordability and stability are key
- **Disparities in educational attainment** and higher poverty rates among people of color need to be addressed
- **Seniors** will need more services as the population of this group ages and increases in numbers
- **Caregivers** for households with disabled members need more support
- **Working Together** is key to our long-term success as communities

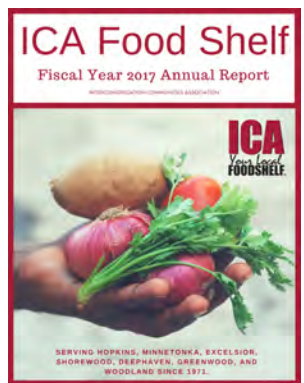
ICA has been using this information to plan our programs and services. One of the most surprising findings? That by 2020, for the first time in Minnesota history, **we will have more seniors (ages 65+) than school-age children (5-17)**. While we offer several programs for children, we are looking at additional ways to better serve our senior population.



Thank you for your ongoing partnership with ICA as we work to serve our hungry neighbors and to always be here when people need us.

Peg

P.S. Enclosed is a *Save the Date* for our biggest annual fundraiser: **The Great Taste!** We'd love for all of our supporters and donors to come out for the event. It will be a great evening; I hope to see you there!



2017 ANNUAL REPORT NOW AVAILABLE

We're delighted to share our 2017 Annual Report! In 2017, we distributed more than **1.3 million pounds of food**, serving 5,765 neighbors in need. Thank you for all you do to help children, families, individuals, and seniors in our community. We are so pleased to partner with you!

Read our Annual Report at icafoodshelf.org/financial. To request a copy in the mail, please contact Kate Wilinski at 952.279.0290.

GARDENING FOR ICA

Want to get your hands dirty this summer? Consider using your gardening skills to help ICA! Here are a few ways to get involved:

Grow and Give Program. Start a community garden at your congregation and grow produce for ICA! Contact us to coordinate: events@icafoodshelf.org.

Support the ICA Garden at St. Luke Presbyterian Church. Volunteer to plant, harvest, weed, and maintain this organic, permaculture garden with our Garden Manager, Jessica. Contact Carly to sign up: carly@icafoodshelf.org or 952.279.0299.

Donate Produce. Consider planting an extra row for ICA or share your extra produce with us. Fresh produce should be dropped off at our K-Tel location: 11588 K-Tel Drive, Minnetonka.



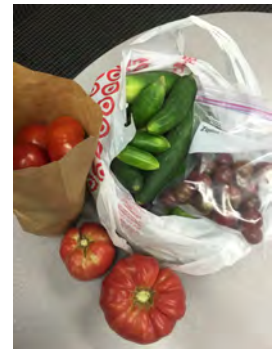
St. Therese Garden



Girl Scouts planting an herb garden!



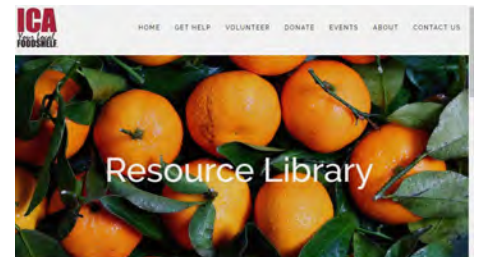
St. Luke Presbyterian Garden



Garden Donation

RESOURCE LIBRARY

On our website, we've collected articles and other resources on hunger, poverty, homelessness, and more. Check out our Resource Library at icafoodshelf.org/resources.



COMMUNITY PARTNERS

Thank you to the groups and businesses who've held food and fund drives for ICA in the past couple months!



The Hopkins High School Student Council raised \$1,000 for ICA during their first annual Talent Show!



Optum hosted a food packing event for ICA and raised over \$7,447 worth of food!



The Minnetonka Police Department hosted a "Stuff the Squad Car" food drive and collected 1,208 pounds of food!

Summer 2018 Event Calendar

ICA Bazaar

Saturday, June 23 | 9 a.m. - 2 p.m.

Join us for our semi-annual warehouse sale! New + scratch and dent retail merchandise including furniture, rugs, housewares, toys, holiday, and more. Priced 80% or more off retail.

Matching Grant

July 1 - 31, 2018

During July, donations will be proportionally matched through the Open Your Heart to the Hungry and Homeless Matching Grant Challenge. Make a donation in July and increase your impact!

Open House

Tuesday, July 17 | 6 - 8 p.m.

Before the Night to Unite food drives in August, everyone is invited to tour the food shelf and see where your donations go! 11588 K-Tel Drive, Minnetonka

Trade Show Food Rescue

Thursday, July 26

Volunteers needed! We need up to 140 volunteers to help pack food at this huge rescue event. Email events@icafoodshelf.org to sign up.

Tour de Tonka

Saturday, August 4

A portion of every registration fee goes to ICA. Or join us as a volunteer! More information at icafoodshelf.org/tourdtonka.

Night to Unite

Tuesday, August 7

Plan a food drive for ICA as part of your neighborhood's block party and help us restock the food shelf during August! Contact your local police department for more info.

Big Island & Back!

Saturday, August 11

The 5th annual paddle around Big Island starts at Excelsior Beach and benefits ICA. Register at bigislandandback.com.



ICA FOOD SHELF 952.938.0729 · icafoodshelf.org

Administrative office

12990 St. Davids Road
Minnetonka, MN 55305

Food and client services

11588 K-Tel Drive
Minnetonka, MN 55343



ICA is a 501(c)3 organization. Your donation is tax deductible to the fullest extent allowed by law
Serving Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, & Woodland since 1971.