



Annual Report

FY 2021

October 1, 2020 - September 30, 2021

Together we are working to
Stop Immediate Crises
Build Stability
Promote Long-Term Well-Being



EXPANDING LIKE NEVER BEFORE

FROM THE EXECUTIVE DIRECTOR



As ICA Food Shelf and the surrounding community continue to navigate the various challenges associated with the coronavirus pandemic, **our focus remains on redefining access and adapting to the changing needs of our neighbors.**

This past year, ICA launched a new strategic plan that is dedicated to community outreach and growth in ways we never thought possible. **Together, we are working to break down barriers and make access to our services easier.**

One of the ways in which we're redefining access is through home deliveries. This service is intended to benefit seniors and other homebound neighbors who are unable to visit our central food shelf location on K-Tel Drive. **In just the past fiscal year, our home deliveries increased by 30%.**

Another strategic effort to ease the burden on families and ensure the needs of their children are met is a planned expansion into the local school districts. **Since opening the first-ever ICA Market and Resource Center at Gatewood Elementary, we recently launched another school-based market and resource center at Alice Smith Elementary School and a pantry at Hopkins High School.** The goal is to eliminate transportation barriers for families to access our food and case management resources.

Thank you for being the source of support for families in our community. **Together, we can support all our neighbors who need help.**

With gratitude,

A handwritten signature in black ink, appearing to read 'Dan Narr'.

Dan Narr, Executive Director



“You guys went above and beyond with helping me and my children. I sincerely appreciate the staff and this program for being there, helping us through these times, and setting me up for success.”

*--*Ann, ICA Client, August 2021*

**To protect client privacy, we have changed names and identifying details and used stock photos throughout.*

WHO WE SERVE*

October 1, 2020 - September 30, 2021

ICA serves neighbors who live in Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, and Woodland.**



6,401
Individuals



2,492
Families/
Households



1,032
New families in
2021



42%
Households with
children



12%
Seniors (65+)



50%
Visit ICA 3 or fewer
times per year

1,973

Neighbors per month

*Does not include school programs
**ICA has adopted a borderless policy for most food services

ICA PROGRAMS

HOMELESSNESS PREVENTION

Rental Support
Utility Aid
Transportation Assistance

CASE MANAGEMENT

Resources & Referral Program

FOOD

Choice-Model Food Shelf
Home Delivery
Mobile Food Shelf
Pop-Up Distributions
Senior NAPS Programs

Kid's Weekend Bags
Kid's Snacks
School-Based Markets
Kid's Summer Market
Holiday Program

EMPLOYMENT ASSISTANCE

Resume Creation
Interview Skills
Job Search

MEETING OUR NEIGHBORS WHERE THEY LIVE

When COVID-19 first impacted our community, ICA switched almost immediately from in-person, in-house shopping to serving our clients curbside, with the goal of keeping our community safe while still meeting the need. We've since re-opened in-person client services at our K-Tel Drive location, but understand many neighbors are still unable to visit the food shelf due to COVID, physical limitations, or transportation barriers. Because of that, our focus remains on expanding home deliveries and community-based resources.



Last year, local Rotarians raised the funds for ICA to purchase another delivery vehicle (pictured above). This van is instrumental for the growth of our home deliveries.

ICA PROGRAMS

FOOD SHELF & FOOD PROGRAMS

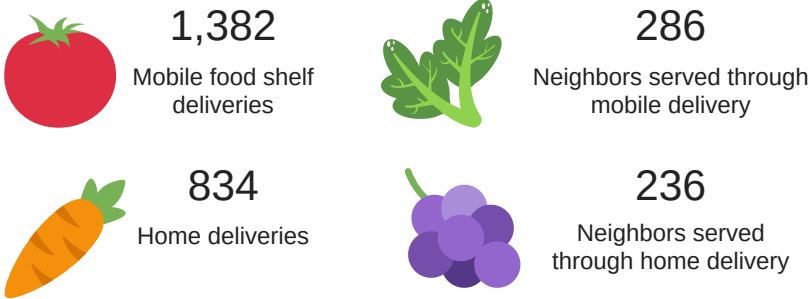
ICA provides nutritious, well-balanced, and culturally relevant food to our neighbors facing food insecurity. ICA's food shelf is choice-model, allowing neighbors to select foods they and their family eat and know how to cook. We offer a wide selection of fresh produce, dairy, protein, and other perishable foods, as well as non-perishable vegetables, protein, grains, and more.

ICA provided food for 829,073 meals



MOBILE FOOD SHELF & HOME DELIVERY

ICA's mobile food shelf delivers food to low-income apartment buildings in our service area, while home delivery is available for neighbors who are unable to come into the food shelf due to disability or medical reasons.



"If it wasn't for all your resources and volunteers, where would we be? I'm so grateful for ICA Food Shelf."
-- ICA Client, September 2021

Our Home Delivery program served 30% more clients compared to last year

TURKEY & HOLIDAY MEAL PROGRAM

During the 2020 holiday season, ICA distributed 1,115 turkeys and all the fixings to neighbors for their Thanksgiving or holiday meal.

The program includes turkey, fresh vegetables, canned goods, and more -- everything needed to create a holiday meal.



SCHOOL PROGRAMS: WEEKEND PACKS & SNACK BINS

ICA works with 17 schools within the Minnetonka and Hopkins School Districts to provide weekend food and snacks to students in need. Weekend food packs provide additional food to students on the weekend and during breaks when school breakfast and lunches are not available.

Snack bins are filled with healthy, grab-and-go snacks for students experiencing food insecurity. These items replace a missing breakfast or mid-day snack as needed.

471

Weekend food packs distributed



46,400

Snacks distributed



10,856

Pounds of food to local schools



KIDS' SUMMER MARKET

ICA's Kids' Summer Market provides extra food to families with children during the summer. This food helps replace missed meals children usually receive through their school's free and reduced price lunch program. Additional food choices include milk, eggs, fruit, cereal, sandwich fixings, and more.

505

School-aged children served



4,212
pounds of food

3,510

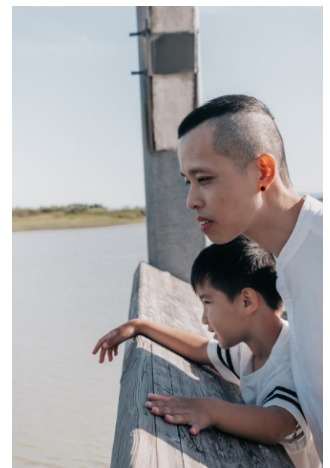
Equivalence in meals



Helping Single Parents Like Ryan

Recently, an ICA Case Manager met with Ryan, a single father who lost his job due to COVID. When his unemployment benefits ran out, he was in immediate need for food and came to ICA Food Shelf.

After receiving food, the ICA Case Manager helped Ryan identify other resources he would benefit from including energy assistance, employment assistance, and the warm winter program offered by another community organization, ResourceWest. Ryan and his family now have reliable access to nutritious food and warm clothing for the winter months.



In addition to helping stop the immediate crisis, ICA offers wrap-around services that give Ryan the necessary tools and training to land the perfect next position.

HOUSING STABILITY & HOMELESSNESS PREVENTION

ICA provides financial assistance on a case-by-case basis for rent and utilities, as well as referrals to other area service agencies. This program is aimed at helping people stay in their homes, thereby increasing stability and preventing homelessness. We also provide bus passes and other transportation help to ensure clients have transportation to and from work and medical appointments.



698

Rent & utility services



407

Families stayed in their homes



1,207

Individuals helped through all financial assistance (including transportation assistance)

ICA's homelessness prevention program grew exponentially in large part due to our partnership with Hennepin County, City of Minnetonka & City of Hopkins. Through these short-term programs, our housing assistance program was able to distribute 470% more funds in 2021.

These one-time, short-term COVID-19 relief funds, along with individual contributions, allowed ICA to deepen our role as a hub of services that eased the difficulties of the pandemic for hundreds of families.

EMPLOYMENT ASSISTANCE

ICA assists clients with their job search and provides various job services, including resume development, job search tools, and coaching.



557

Services provided



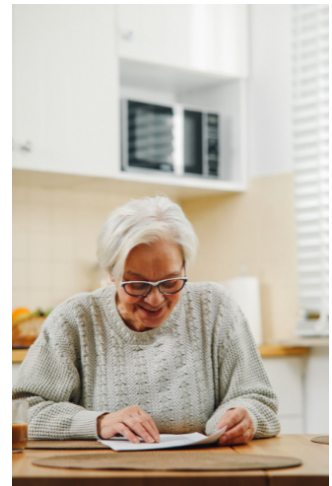
82

Individuals assisted

*Rental Assistance for Neighbors Like Barb**

Due to health problems, Barb is limited to mostly part-time and seasonal work. With an inconsistent income, she periodically will use ICA services when times are tough. After losing a seasonal job, she met with an ICA Case Manager and was able to receive rent assistance. Those funds were enough to keep her living in the same apartment and away from homelessness.

Shortly after receiving help, her vehicle broke down and the necessary repairs cost almost as much as her monthly rent. Without receiving assistance from ICA, she would have lost her main source of transportation. With her vehicle repaired, Barb found the perfect position for her situation and has a reliable form of transportation to get to and from her job.



FY2021 Financial Summary

ASSETS

Current Assets

Cash & Cash Equivalents	\$	2,707,514
Receivables	\$	238,664
Inventory	\$	153,972
Prepaid Expenses	\$	14,954
Total Current Assets	\$	3,115,104

Net Fixed Assets	\$	349,128
Total Other Assets	\$	7,000
TOTAL ASSETS	\$	3,471,232

LIABILITIES & NET ASSETS

Current Liabilities

Accounts Payable	\$	17,618
Accrued Wages & Benefits	\$	94,751
Deferred Revenue	\$	59,109
Restricted Cash Payable	\$	3,000
Collaborative Arrangement Payable	\$	8,518
Total Current Liabilities	\$	182,996

Net Assets

Without Donor Restrictions	\$	3,135,336
With Donor Restrictions	\$	152,900
Total Net Assets	\$	3,288,236

TOTAL LIABILITIES & NET ASSETS **\$ 3,471,232**

REVENUE

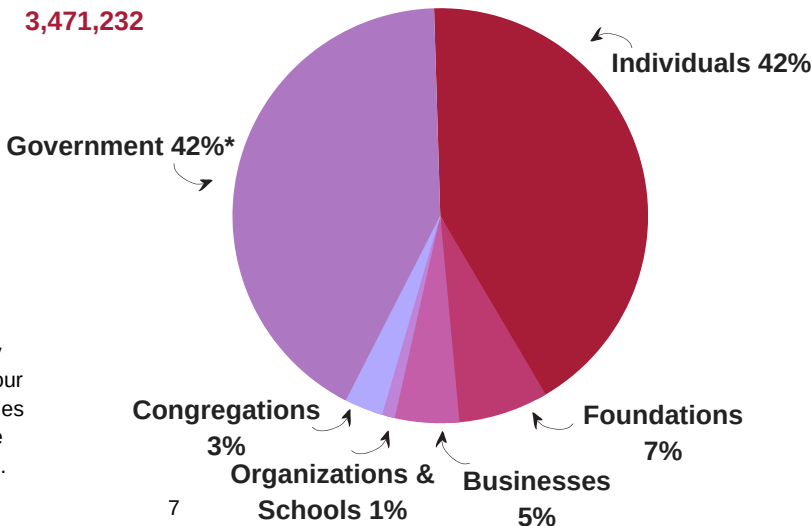
In-kind Contributions	\$	1,745,432
Individuals	\$	1,766,749
Foundations	\$	313,072
Corporations & Business	\$	201,418
Organizations & Schools	\$	63,808
Congregations	\$	132,600
Government	\$	1,782,496*
Fiscal Agent+	\$	65,800
TOTAL REVENUE	\$	6,071,375

EXPENSES

Program Expenses:	
Food Assistance	\$ 2,662,010
Financial Assistance	\$ 1,613,531
Employment Assistance	\$ 63,030
Management & General	\$ 112,403
Fundraising & Development	\$ 368,621
Fiscal Agent+	\$ 65,800
TOTAL EXPENSES	\$ 4,885,395

*ICA is the fiscal agency for the Blake Road Corridor Collaborative

Sources of Cash Contributions:



90% of all expenses go directly toward ICA programming to help our neighbors

* This figure includes housing and food insecurity COVID-19 relief funds allowing ICA to deepen our role as a hub of services that eased the difficulties of the pandemic for hundreds of families. These were one-time, short-term funding opportunities.

About ICA Food Shelf

OUR MISSION: To create a healthy and stable community for all

OUR VISION: A community where everyone has the resources to thrive

OUR BELIEF: ICA's presence in our communities makes our neighborhoods more stable and secure

Volunteers

Our mission at ICA wouldn't be possible without dedication from hundreds of selfless volunteers. Providing over \$1 million worth of service every year, ICA volunteers are absolutely instrumental to client support, food logistics, food rescue, committees, and special events.

272
Volunteers



16,979
Hours of service

NEIGHBORS SERVING NEIGHBORS**

This map shows the distribution of ICA clients and donors in a section of our service area. We are truly *neighbors serving neighbors*.



Minnetonka, MN ● Neighbors in need ● ICA Donors

**We have adjusted the layout of this map slightly to protect client and donor anonymity.

Current Board of Directors

John Groton, *Treasurer*
Jillian Gessell
Ryan Johnson
Charlie Kanan

Sheila McMillan
Kate Nau, *Board Chair*
Janet Polach
Michael Resnick

Andy Scheu
Tammy Schwartz, *Vice Chair*
Becky Torborg, *Secretary*
Lynsey Wherry

Current Staff

Shelley Anderson, *Program Specialist*
Ann Beuch, *Blake Road Corridor Collaborative Coordinator*
Jessie Billiet, *Lead Case Manager*
Krista Bitter, *Case Manager*
Shirley Buehler, *Community Development Coordinator*
Jim Burr, *ICA Facility Supervisor*
Maggie Cool, *Development Coordinator*
Kerri Fischer, *Employment Consultant and Housing Advocacy*
Ryan Heglund, *Food Rescue Coordinator*

Rebecca MacKenzie, *Volunteer Manager*
Daniel Narr, *Executive Director*
Abbie Peterson, *Development Manager*
Dominique Pierre-Toussaint, *Community Relations Manager*
Patti Sinykin, *Advancement Director*
Sheryl Stauss, *Statistics Specialist*
Karen Truex, *Bookkeeper*
Bradley Wittman, *Food Logistics Coordinator*
John Wojcik, *Marketing and Communications Manager*

ICA FOOD SHELF

icafoodshelf.org | 952.938.0729

Administrative office
12990 St. Davids Road
Minnetonka, MN 55305

Food and client services
11588 K-Tel Drive
Minnetonka, MN 55343



Intercongregation Communities Association (dba ICA Food Shelf) is a 501(c)3 organization.
Tax id #: 41-0979010. Your donation is tax deductible to the fullest extent allowed by law.
Serving residents of Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, & Woodland since 1971.