

BUILDING RELATIONSHIPS & MAKING CONNECTIONS

How ICA's Case Management Team Impacts the Lives of Our Neighbors in Need



ICA Case Managers work one-on-one with the individuals and families who come to us for help. When neighbors visit the food shelf for the first time, they meet with our case managers to talk through how the food shelf works and what to expect when they visit. Case Managers also find out what brought our neighbors to ICA, and how they heard about us.

Our Case Managers also work with clients to ensure they are aware of and accessing other resources and services that are available to people when they need them. Common services to which we refer people include Energy Assistance, SNAP, free community meals, financial counseling and tax help, and a variety of housing, transportation, and food resources.

Case Managers also administer ICA's Financial Assistance program, which helps people with a **one-time expense** where our help will have a **significant, long-term impact**. Examples include:

- Move-in costs: security deposit plus first and last month's rent
- Helping with rent when a client experiences a gap in wages between jobs
- Transportation assistance for getting to work and doctor's appointments

In 2018, ICA provided

982

Financial Assistance services

Lately we've had an increase in requests for emergency Financial Assistance. We try to stay aware of the reasons people come to us for help, to identify any trends so that we can better help people. These are some of the reasons new neighbors have asked for help this summer:

- they've had a major, unexpected expense, such as a medical bill or car repair
- they (or their child) were ill, so they missed work and weren't paid
- their spouse died or left and they now have only one income to rely on

This summer, **we have seen an increase in the number of people who need us.** Most of our clients don't have a cushion to cover expenses when something major comes up. And that is why **we are here: to help those in our community who need help.** We are here for people when they need us, when the unexpected arises, to help our neighbors get back on track.



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ICA's Impact: April -- June 2019

Families Served

1,187

Volunteer Hours Worked

11,880

Pounds of Food Distributed

364,178

that's equivalent to
303,482
meals!

BIG PICTURE -- MAKING AN IMPACT

For many years, ICA has talked about our work in terms of the number of people we've helped and the pounds of food we've distributed. We are so proud that we have the capacity and the community support to help 800 families each month – providing food to those who are hungry is such an amazing way to help people. **But the true *impact* of our work is so much greater than simply providing food.**

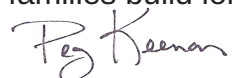


A visit to ICA means that a family can spend their limited funds on paying their medical bill or sending their children to daycare so that the parents can work. A visit to ICA can mean that families can pay their rent and stay in their homes. And by staying in their home, children can stay in their same school, providing continuity and stability, which helps kids grow up to become healthy, successful adults. A visit to ICA can mean that all children are ready to learn – that they have full tummies when they head off to school so that their growing brains have the energy they need to learn.

A visit to ICA means that our neighbors stay our neighbors. Their lives are more stable, our communities are more stable, and we can all thrive together.

ICA is here to help when people need us. What starts as a simple bag of groceries becomes so much more.

Thank you for ensuring that all in our community have what they need – your gift not only helps people in immediate crisis, but has a larger impact by helping families build long-term stability and well-being for years to come.


Executive Director



CLIENT STORY: MAGGIE'S APARTMENT FIRE

This summer, Maggie*, 37, had a fire in her home. Though the damage from the fire itself was limited to part of one room, smoke and water damage permeated Maggie's entire apartment, making her home unlivable and destroying many of her furnishings and belongings.

Maggie and her 3-year-old daughter Alice were grateful that both escaped the fire unharmed. They have since been staying with family while Maggie has worked to get their lives back together. And though Maggie's renters insurance covered some expenses, she needed help when it came to moving into her new apartment. Maggie contacted Hennepin County, and they referred her to ICA. She needed \$3600 to move into her new apartment (first and last month's rent + security deposit.) She met with our Case Manager Jessie, and came in with a plan. Between help from the Red Cross and her own financial resources, Maggie only needed \$650, which ICA was able to provide through a one-time financial grant.



Maggie and Alice have since moved in, and are working to replace their beds and bedding, furniture, and clothing. Jessie encouraged Maggie to visit ICA for food when she first moved in so that Maggie could stock her new kitchen with groceries. Jessie also referred her to Reach and Restore to help replace furnishings.

Before the fire, Maggie had never needed ICA. This one huge, unexpected crisis knocked her off course. With ICA's help, Maggie has been able to get back on track. Thank you again for supporting ICA and folks in our community like Maggie and Alice!

*Names and identifying details have been changed to protect privacy.

THE great TASTE

You Are Invited!

Please join us on **Thursday, October 24th** for a wonderful evening as we celebrate ICA's deep roots in our community, and our impact in our neighbors' lives. We'll have great food, complimentary wine and beer, silent auction, games, and more! Our presentation will feature stories celebrating the impact of our work, and will be emceed by KARE11's Belinda Jensen.

Taste Reception

The evening begins with tastings from local restaurants, complimentary wine & locally-brewed beer, silent auction, and more. Presentation and live auction emceed by KARE11's Belinda Jensen. Tastes and beverages provided by BLVD, Crossroads Delicatessen, Famous Dave's, Finnegans, Glen Lake Wine and Spirits, Gold Nugget, Joey Nova's, Kowalski's, Lone Spur, Lunds & Byerlys, Nothing Bundt Cakes, and Unmapped Brewing Co.

Destination Dining

Following the Taste Reception, guests with Wine & Dine tickets will experience chauffeured transportation to a surprise restaurant. There you will enjoy a specially-prepared, three-course fine dining experience. Participating restaurants include 6Smith, Bacio, Birch's on the Lake, BLVD, Campiello, Cast & Cru, Coalition, Hazellewood Grill and Tap Room, Jimmy's Kitchen and Bar, Maynards, Red Sauce Rebellion, Redstone, and Thirty Bales.

Taste Tickets:

Taste Reception + coffee and dessert
Table of 8*: \$600 | Single ticket \$65

*includes reserved seating and special dessert for the table

Wine & Dine Tickets:

Taste Reception + Destination Dining
Table of 8: \$1400 | Single ticket \$175

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REQUIRED MINIMUM DISTRIBUTIONS

As we head into autumn and toward the end of the calendar year, we think more about Required Minimum Distributions (RMDs). RMDs are simply the **minimum amount** that people 70½ or older must withdraw from their IRA accounts each year. IRS required minimum amounts are individualized, based on account balances and life expectancies.

All direct donations to ICA make these withdrawals *tax free!* For additional information or questions, please contact Kate at 952.279.0290 or kate@icafoodshelf.org.



RECENT GRANTS

ICA recently received grants from the following organizations:

- Citizens Independent Bank
- Old National Bank Foundation
- Otto Bremer Trust
- Schulze Family Foundation
- Syngenta
- Target Foundation

Thank you for your support!

Autumn 2019 Events Calendar

The Great Taste

Thursday, October 24

Join us for the sixth annual **The Great Taste** at the Minnetonka Community Center. To purchase tickets and learn more about the event, visit icataste.org.

Turkey Coupon Sales at Cub

November 8-9 & 15-16

Provide a meal for a family in need this Thanksgiving and holiday season! Just \$15 will provide a turkey and all the fixings. Volunteers needed to staff the table. Contact Shirley: shirley@icafoodshelf.org or 952.279.0282.

Give to the Max Day

Thursday, November 14

Minnesota's annual day to support nonprofits! Stay tuned for information on matching gifts. Donate at icafoodshelf.org/donate.

Turkey Giveaway

Thursday, November 21

Turkey and holiday meal distribution will take place at Zion Lutheran Church in Hopkins from 10 a.m. to 5 p.m. and at Christ Community Church in Excelsior from 6:30 to 8 p.m. Learn more at icafoodshelf.org/turkey.

"From the Heart" Holiday Variety Show

Saturday, November 23 | 4:00 p.m.

Sponsored by the Excelsior Morning Rotary club, this annual talent show benefits ICA. Admission to the event is a non-perishable food item or monetary donation. Held at Excelsior Elementary School.

Bagging for Tips

Tuesday, November 26 - Wednesday, November 27

We'll be at Cub Foods in Minnetonka (Highway 7 & 101) to bag up your groceries and raise funds for our Turkey Program! Baggers include neighbors, fire, police, and city staff. Volunteers needed! Sign up at icafoodshelf.org/events.

Tonka Turkey Trot

Thursday, November 28

The 10th annual Tonka Turkey Trot will take place at Minnetonka High School on Thanksgiving morning. The race includes a 5K for adults and the "turkey scoot" for kids. New this year! \$1 from every registration will be donated to ICA. Register at ww.minnetonkaschools.org/turkey-trot.

ICA Day at Maynards

Monday, December 2

Each year, Maynards generously donates 100% of the proceeds from this day to ICA! Join us the Monday after Thanksgiving for a break from turkey leftovers! Reservations open November 1.

Excelsior Kids' Movie

Saturday, December 7

Hosted at the Dock Cinema, the Excelsior Fire District and Excelsior Real Estate sponsor a free movie event for kids! Admission to the event is a non-perishable food item.

ICA FOOD SHELF

Administrative Office

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Minnetonka, MN 55305

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Food and Client Services

11588 K-Tel Drive

Minnetonka, MN 55343



ICA is a 501(c)3 organization. Tax ID # 41-0979010 Your donation is tax deductible to the fullest extent allowed by law. Serving residents of Hopkins, Minnetonka, Excelsior, Shorewood, Deephaven, Greenwood, & Woodland since 1971.